



Frances King

Executive Coach

Frances has been working as an accredited Executive Coach for over ten years following a successful career in Business Development and Change Management in Clifford Chance and CMS Cameron McKenna. She uses her coaching expertise combined with an understanding of successful business development to enable high performers to successfully reach and perform in a partnership environment.

Frances' clients include law firm partners/associates, business management and professionals looking to progress their careers, build a practice; and develop strategies for successful business and career development. Frances complements this with a focus on career transitions by providing a supportive space to manage change positively.

Region

United Kingdom

Area of expertise

Developing Leaders

Women in the Workplace

Working Parents

Coaching Style

Frances' experience helps her bring a level of empathy and pragmatism to her coaching and clients describe her as positive, supportive and challenging. Her motivating and human approach means she is quickly able to build trust with clients in a collaborative way with a clear focus on outcomes and achievements.

Frances gets the best from people she works with by balancing an individual's goals with those of the organization. An emphasis on increased self-awareness leads to better outcomes and clarity – this is supported using psychometric MBTI, 360 feedback and other approaches. Frances blends an intuitive style with the needs of the role and organisation to enable people to focus on their strengths and achieve their potential.

Special Interests

- Partnerships – potential partners, lateral hires
- Business development and business planning
- Career transitions – new roles, career breaks, career change
- Parental transition
- Organisational change

Training & Qualifications

- Accredited 'Executive Coach' (Association for Coaching) with over 750 hours coaching experience
- Advanced Diploma in Coaching & Mentoring, OSCM
- Career Counselling Practitioner Certificate, CCS
- Certified in MBTI and NLP Master Practitioner
- BSc Hons in International Management and French,
- Manchester UMIST

Current Clients

Accenture, Allen & Overy, Bates Wells Braithwaite, Cleary Gottlieb, Clyde & Co, CMS Cameron McKenna Nabarro Olswang, Dentons, DLA Piper, Herbert Smith Freehills, Linklaters, Macfarlanes, Milbank, Skadden, and The Recovery Centre.

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