



Region

United Kingdom

Area of expertise

Working Parents

Tom Beardshaw

Executive Coach & Paternity Specialist

Tom is particularly interested in working with executives and creative individuals during transitions in their careers, either developing new initiatives or organisations, or during significant periods in their lives. He enjoys working with high potential individuals and leaders to help them develop and realise their potential and aspirations.

Tom has a structured and empathetic approach to coaching which enables him to respond sensitively to individual challenges and work with his clients to help them develop their own insights and solutions to the issues they're facing.

Background

Working with Banks, Legal firms and Media companies in the City to enable them to support their male employees with families since 2005. Before this, he was a Director of UK's The National Fatherhood Institute and led the political lobby to introduce Paternity Leave into Law in 2003. He is also a consultant working with digital media and productivity and has worked with clients that including a number of national institutions in Wales, where he is based.

Coaching Style

Highly focused on individual client's needs and goals, Tom's coaching style is structured to allow them to develop relevant insights, action plans and achievable results. Tom uses his insight to enable clients to

process their learning and develop their self-awareness, so that they are able to harness their own strengths in support of self-development and goal oriented action.

Special interests

Tom heads up ECC's development of paternity coaching, working with groups and individual men who are experiencing family transitions such as the birth of children. He is a passionate advocate of the value of men's engagement with their children and family life, and is experienced in working with clients to enable them to coordinate demanding careers with demanding personal lives.

Tom is helping to develop our services around the transition to parenting, parental leave, and work life integration issues for men.

Training & Qualifications

Tom has a degree in Anthropology from the London School of Economics, a Master's Degree in Ethics from Cardiff University and he has completed a Professional Coach Recognition Programme. He is a member of the Association for Coaching.

Current clients

Since joining ECC in 2011, Tom has worked with executives in a variety of managerial and professional roles in Allen & Overy, Bank of America Merrill Lynch, Deutsche Bank, Goldman Sachs, HSBC, MediaCom and CMS Cameron McKenna Nabarro Olswang.

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