



Region

United Kingdom

Area of expertise

Reena Dayal

Executive Coach

Reena is an Author, certified Coach, Speaker, Mentor and Trainer based out of India and UK. Before she founded her company in 2015, she worked as a global HR leader for 22 years across multiple sectors. She brings into her business personal experiences having lived in two very different countries and professional insights having worked with leaders all over the world on topics ranging from business transformation, organisation culture, diversity and leadership development.

Coaching Style

Reena is a high impact coach-mentor-trainer offering managers, C-Suite and Entrepreneurs 'in the moment' and 'sustainable' solutions to re-define and re-fine their output, impact and personal brand. She offers 1:1 support to select clients and premium experiential workshops in India. "Trustworthy. Intuitive. High energy. Fun. Thought provoking. Buzzing with ideas. Action oriented. A different viewpoint. Inspiring." are some of the word's clients use to describe her style and impact.

Special Interests

Reena has deep interest in helping people successfully navigate key inflection points in their personal and professional life whilst using these disruptive moments to accelerate personal growth, strengthen leadership capabilities and redefine life vision. She uses a unique blend of Eastern and Western techniques which

embraces modern leadership development frameworks, ancient personal growth philosophies and the power of collaboration between a coach and client.

Training & Qualifications

Reena has an MBA in HR with expertise in Balance Scorecard, MBTI, Belbin, Employee Net Promoter and Appreciative enquiry. She is a certified Gallup StrengthsFinder coach (ICF accredited), master practitioner of the Energy Leadership Index assessments and a certified Energy Leadership coach (ICF accredited).

Clients

Currently her clients are based out of UK, India, Africa, Europe and USA and are senior high performing executives from multi-national insurance companies, telecommunications, information technology, global health care, charitable organisations, as well as entrepreneurs in the SME sector.

1st flr. Peek House , 20 Eastcheap, London, EC3M 1EB · Tel: +44 (0)20 7795 6556 · Email: info@executive-coaching.co.uk