



Gemma Bullivant

Executive Coach

Gemma started her career as an in-house HR professional in the late 1990s. After working in senior leadership for some time, she decided to train professionally as a coach, to build on her experience and deepen her knowledge and expertise. She has been a fully accredited freelance coach since 2016, working with a wide variety of blue-chip clients across a range of sectors, including media, technology, financial services, and FMCG.

Gemma is a coaching specialist in grief training, and now uses this blended skillset to help individuals to positively address and recover from all forms of traumatic change and loss, including redundancy, divorce and bereavement.

Region

United Kingdom

Area of expertise

Developing Leaders

Women in the Workplace

Coaching Style

Because every person is different Gemma's approach is individual and bespoke. Whilst occasionally challenging, what underpins her approach is a sense of trust and respect – a safe and positive space for clients to develop, move forward and grow.

As a positive psychologist, she fundamentally believes no one strives to be average and favours a strengths-based approach to enable individuals to truly flourish, leverage their strengths and reach their fullest potential, focusing only on weaknesses where they are genuinely hindering progress.

Her values reflect how she works:

Compassionate – a belief that caring about the people within organisations is the right thing to do, that

people in organisations matter and that happy, fulfilled people deliver results.

Engaging – there's nothing worse than being 'talked at' or having to sit through a long, boring presentation when there's pressing work to be done. She aims to make the coaching experience as dynamic as possible.

Action-oriented – One of her greatest strengths is her ability to simplify a complex situation into meaningful bite-sized pieces. She takes a practical, hands-on approach and has a 'can do' not a 'make do' attitude.

Coaching Specialisms

- Executive Coaching
 - Effective Leadership
 - Wellbeing
 - Grief & Loss Coaching – A unique grief coaching programme for employees who have experienced traumatic loss, and want to recover from the impact of this loss quickly, to enable them to re-engage with the working world and be the best they can be at work.
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Training and Qualifications

- MSc Applied Coaching & Positive Psychology (University of East London) – first class
 - PG Cert Personal & Business Coaching (University of Chester)
 - Professional Certified Coach (PCC) – International Coaching Federation
 - Chartered Fellowship (FCIPD) – Chartered Institute of Personnel & Development
 - Grief Recovery Specialist ®
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Current Clients

Gemma works with a wide variety of blue-chip clients across a range of sectors, including media, technology, financial services, and FMCG.

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