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## Clare Roberts

### Executive Coach

Clare has 15 years' experience working in investment banking as an HR Director, working for Deutsche Bank and Merrill Lynch. As an HR Business Partner, the Global Head of Learning Development Practitioners, and now as a coach and facilitator, Clare has worked extensively with individuals across a variety of roles, levels and geographies to help them optimise their performance and realise their potential. Clare is focused across the Asia region on working with executive leaders, emerging talent and those who are going through a transition point in their career.

#### Region

Asia

#### Area of expertise

Developing Leaders

Women in the Workplace

Working Parents

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## Coaching Style

Clare has a focused, inspiring and energetic style to her coaching. She is a strong communicator and works with clients to develop a tailor-made programme which helps them pinpoint their strengths, identify areas for development and where the challenges lie. Clare brings her warm enthusiasm which motivates her coachees to maximise their potential, and reach their stretch goals which they develop as part of the programme.

“Clients describe me as having the ability to read and challenge them in a direct but very positive way. They feel safe to be open and honest, and find the process that I follow with them allows them to take stock, reflect, and grow into stronger and more effective individuals.”

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## Special Interests

Having worked in a very competitive environment, and across a variety of HR roles, Clare enjoys coaching for performance and helping individuals strive to be the best they can be. She also enjoys working on the female agenda in business and is involved with products including 'The Leading Women Series' group seminars helping women to successfully navigate their career; 'Returning Talent' for those who have been out of the workplace for 3+ years, 'Accelerate' to help individuals to take more ownership for their career and drive their development; as well as group facilitated leadership sessions. Clare's coaching areas of expertise comprise of the following;

- Leadership presence and impact
- Authenticity
- Developing Leadership Style
- Work/life balance/Stress Management
- Managing transitions and leading change
- Diversity awareness
- Self-confidence and motivation
- Team Dynamics

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## Training & Qualifications

Clare has a Masters in Personnel and Development from the University of Westminster, is a graduate of the Chartered Institute of Personnel and Development (CIPD) and also has a Bachelor's degree in Management with French from the University of Leeds. Clare is trained and licenced to use the Hogan personality inventory and is an Accredited Member of the Association for Coaching.

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## Clients

Allen and Overy, Herbert Smith Freehills, Standard Chartered, Barclays, HSBC, TH Real Estate, Bloomberg, Deutsche Bank, Natwest Markets, Reckett Benckiser, and White and Case.

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