



Claire LeJay

Executive Coach

Claire has over 20 years experience as a consultant, trainer and coach supporting people and organisations through change. She feels very comfortable working with individuals who wish to find or reinforce their place in the working world. Claire is results oriented and particularly enjoys when her client's projects come to a successful end. She commits herself with enthusiasm, energy and professionalism in all her work.

Region

Europe

Area of expertise

Working Parents

Women in the Workplace

Developing Leaders

Background

Claire started her career as a saleswoman in a communication agency, then became the manager of a sales team. She rapidly became fascinated by team inter-dynamics which led her to pursue NLP Master training and her coaching qualification at the Coach University. Subsequently she began working as a consultant then project manager for a consultancy specialized in change management and organization. Her work on large scale change projects enabled her to work with all company levels and a variety of sectors throughout Europe, Morocco and the United States. For the last 15 years, Claire has been working as an independent consultant, trainer and coach in management, change and leadership development.

Coaching Style

“Professional, human and convivial” are generally the terms by which her clients describe her. Claire creates a warm and energetic atmosphere that helps her clients view obstacles from a different perspective and find innovative solutions to their challenges.

Coaching Specialism

- Self expression and leadership
 - Emotional intelligence
 - Time management
 - Change management
 - Project management
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Special Interests

Claire is particularly active in supporting her large family. Parental Transition Coaching is a passion of Claire's because she believes strongly in helping women advance their professional development while enabling them to thrive in their family life.

Training & Qualifications

- Coach Certificate – CIC Paris
 - NLP Master
 - MBTI certified
 - Master in management – Neoma Management school
 - BA in Business Administration – Hull
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Current Clients

Claire has worked with a variety of sectors including Banking, Telecommunication, Manufacturing, Insurance, Retail as well as with private individuals.

1st flr. Peek House , 20 Eastcheap, London, EC3M 1EB · Tel: +44 (0)20 7795 6556 · Email: info@executive-coaching.co.uk