



Virtual Professional Coach Recognition Programme

Accredited Certificate in Executive Coaching

The Executive Coaching Consultancy's Professional Coach Recognition Programme (PCRP) provides a robust, professional and practical route to gain the skills, experience and confidence to become successful executive coaches.

PCRP is highly practical, underpinned by sound psychological theory and an educational philosophy about how groups and organisations work. We deliberately keep the cohort group size small, we work 1:1 alongside each coach on our programme as they build their experience and hone their individual coaching style. The programme conveniently delivered through interactive virtual sessions, both 1:1 and video workshops for the group elements.

Running successfully since 2006, PCRP is Accredited by the Association for Coaching (AC) and recognised by the Institute of Leadership and Management.



The Professional Coach Recognition Programme

Experiential and practical in approach

Participants describe our programme as inspiring, flexible, supportive and challenging. We combine:

- Up to the minute theory and experience.
- A modular blended approach providing experiential learning, equipping participants with the skillset to practise in the real world very quickly.
- Convenient and flexible format through highly engaging and interactive online workshops via video meetings plus online resources.
- Rigorous assessment, which gives participants, organisations and clients, confidence in professional and ethical practices.

Expert Coaches and Supervisors

The Executive Coaching consultancy was established in 1994 and offers a highly accomplished executive coaching team with successful senior level business track records within organisations.

The Programme facilitators and coaching supervisors are all highly experienced, practising executive coaches working across a broad spectrum of businesses from start ups to large global corporations. Further, they have a deep understanding of adult learning, through extensive experience of facilitating coach training programmes and supervising experienced coaches.

Accreditation from the Association for Coaching

Successful completion of this programme leads to the prestigious Executive Coach Accreditation with the Association for Coaching – a respected global, not for profit professional body. The Programme is also recognised by the Institute of Leadership and Management (ILM).

Joining the PCRP includes Association for Coaching member benefits such as events, bi-annual journal, access to support for supervision, co-coaching and on-line forums.

In addition to working closely throughout the year with one experienced coaching supervisor, participants will be introduced to a broad range of coaches on the programme. Our coaches have different areas of expertise within executive coaching and previous participants have especially said how helpful this broader exposure has been.

Alumni Community

The community is made up of internal and external coaches from a wide range of backgrounds seeking to continue their coach development and net-working. We are proud of the depth and breadth of experience we have in our network and stay in touch with each coach. We regularly run events on current coaching topics and trends and provide on-going support and contact with other professionals.

Research

The Executive Coaching Consultancy is actively involved in research into executive coaching and career development, ensuring that our knowledge is at the forefront within the industry and is continually developing.

Who should attend?

PCRCP is aimed at individuals who are taking up or extending their roles as coaches. Participants may be from organisations or working as independent consultants/coaches.

For successful entry onto the programme, ideal participants will have:

- A good understanding of what coaching is.
- Some experience of providing or receiving coaching.
- The opportunity to provide executive coaching within their own organisation/network.



Programme Outline

May 2022

Pre-Programme Preparation

June

Programme Launch

June

Workshop 1: Foundation Skills

- Coaching relationships
- Frameworks and Models
- Reflective practice
- Coaching skills and toolkit

Two hour 1:1 with Supervisor to create working agreement and consolidate preparation.

Group Supervision Workshop.

July-Sep

Workshop 2: Coaching Process & Models

- Drawing conclusions: Using 360-degree feedback, action planning
- Live coaching assessment
- Overview of some of the key coaching theoretical models

15 Hours Coaching Practice & 2 Hours Supervision.

Group Supervision Webinar.

Oct/Nov

Workshop 3: Momentum for Change

- Presentations of researched models, influences on own coach approach
- Maintaining momentum and dealing with blocks
- Dilemmas and tensions in coaching and models/ tools to help common coachee issue
- Coaching practice - handling specific issues

20 Hours Coaching Practice & 2 Hours Supervision.

Group Supervision Webinar.

Dec-Jan 2023

Workshop 4: Professional Skills

- Handling endings and evaluations
- Internal coaching or setting up a coaching business
- Masterclass on the latest influences in coaching
- Assessment process

15 Hours Coaching Practice : **Dec -Jan**

2 Hours Supervision: **Dec - Jan**

15 Hours Coaching Practice : **Feb**

2 Hours Supervision: **Feb**

Group Supervision Webinar.

AC Webinar on Portfolio for Accreditation.

Portfolio Evaluation

Two hour 1:1 with Supervisor to review journey, working agreement and assimilate feedback from the team into portfolio.

March

10 Hours Coaching Practice & 2 Hour 1:1 with Supervisor

Group Supervision Webinar.

WORKSHOP 5 FINAL REVIEW

Programme Cost

The programme cost is £7900 + VAT if funded by the individuals organisation. For an individual self-funding the course it is £6900 + VAT.



“

As an Association for Coaching Accredited course it not only prepares you for Accreditation but is actually more rigorous, encouraging further skills development.

Independent Executive Coach

”

Programme Content

The programme consists of 105 hours of guided learning time over 10 months including:

- Five days of workshops (1+1+1+1+½+½) for skills practice and knowledge development, conveniently taking place as engaging and interactive video workshops
- 4 online supervision meetings to share group learning and maintain momentum
- A minimum of 12 hours of 1:1 supervision and coaching
- Observed live coaching assessments
- Development of reflective learning, reviewing recordings of sessions
- Professional assessment of portfolio (with written work to demonstrate your knowledge and practical experience). We match the AC Accreditation portfolio and you will receive our evaluation ahead of submission to the AC. 100% of our participants who have applied for professional Accreditation with the AC have received it
- A minimum of 75 hours of coaching as you put your skills into practice, under 1:1 ECC supervision.
- Accreditation support webinar, presented by the Association for Coaching.



Course Leaders

The programme is led by four members of the ECC team. You will also have the opportunity to meet other ECC Coaches and Directors, as guest presenters and coaching supervisors.



Claudia Filsinger

Executive Coach and PCRCP Programme Director

claudia@executive-coaching.co.uk

- Executive coach, team coach and coaching supervisor
Experience includes lecturing in coaching business and management at Oxford Brookes Business School.
- MA in Coaching and Mentoring Practice and a Professional Certificate in Advanced Study of Coaching Supervision.
- Member of and accredited by the Association for Coaching
- Clients include Deutsche Bank, UBS, DLA and Reckitt Benckiser.



Kate Buller

Executive Coach and PCRCP Programme Director

kate@executive-coaching.co.uk

- Founding partner of the Executive Coaching Consultancy and Accredited Master Coach with over 10,000 coaching hours experience as an executive coach
- Lead on professional standards and member of the Association for Coaching Accreditation team
- Clients include Allen & Overy, Deutsche Bank, and Grosvenor Group.



Lisa Middlemas

Executive Coach and PCRCP Programme Director

lisa@executive-coaching.co.uk

- Executive Coach, Leadership and team development specialist
- Expertise in many leadership and interpersonal diagnostic tools, a skilled team facilitator and NLP practitioner
- Clients include Accenture, Worldpay, Mediacom, Bank of America Merrill Lynch, and Telereal Trillium.



Debbie Moore

Executive Coach and PCRCP Programme Director

debbie@executive-coaching.co.uk

- Executive Coach, team facilitator and specialises in leadership development
- Member of the assessment team at the Association for Coaching
- Clients include Arcadia, Bank of America Merrill Lynch, and Cameron McKenna Nabarro Olswang.



“

thoroughly enjoyed the PCRCP – it was practical, focused and worked well around my day job. The course tutors are highly experienced coaches and also great trainers. The workshops were varied and interactive and built upon the experiences of the study group. We formed a very supportive cohort who stay in touch as we continue on our coaching journeys.”

Jamie Butler, Head of Learning & Development, CMS UK

“

The programme works well for busy executives as it is phased over ten months allowing for time to apply learning in-between each session. The programme gave me real confidence in my coaching and a strong foundation to build on.”

CEO, Consultancy/training business

About ECC

The Executive Coaching Consultancy was established in 1994 to provide one-to-one coaching for busy executives and was one of the first of its kind in the UK. Our current client list comprises a broad range of blue chip companies with a special emphasis on the retail, media, legal and financial services sectors.

If you are interested in discussing the Professional Coach Recognition Programme further, please contact us at: ecc.team@executive-coaching.co.uk or call **020 7795 6556**.

