

Professional Coach Recognition Programme

Accredited Certificate in Executive Coaching

The Executive Coaching Consultancy's Professional Coach Recognition Programme (PCRP) provides an accelerated route to your Coach Accreditation. You will experience a robust, professional and practical journey as you gain skills, depth of practice and confidence to be a successful executive coach. Throughout the 10 month programme you have frequent 1:1s with a dedicated, experienced, practising executive coach.

PCRP is highly practical, underpinned by sound psychological theory and an educational philosophy about how groups and organisations work. We deliberately keep the cohort group size small, so that we can also work 1:1 alongside each coach on our programme, as they build their experience and hone their individual coaching style. The programme is conveniently delivered through interactive virtual sessions, both 1:1 and video workshops for the group elements, we run parts of the programme in person, when possible.

Running successfully since 2006, PCRP is Accredited by the Association for Coaching (AC).



Professional Coach Recognition Programme

Experiential and Practical in Approach

Participants describe our programme as inspiring, flexible, supportive and challenging. We combine:

- Up to the minute theory and experience.
- A modular blended approach providing experiential learning, equipping participants with the skillset to practise in the real world very quickly.
- Convenient and flexible format through highly engaging and interactive online or in-person workshops plus online resources.
- Rigorous assessment, which gives participants, organisations and clients, confidence in professional and ethical practices.

Expert Coaches and Supervisors

The Executive Coaching consultancy was established in 1994 and offers a highly accomplished executive coaching team with successful senior level business track records within organisations.

The Programme facilitators and coaching supervisors are experienced, practising executive coaches working across a broad spectrum of businesses from start ups to large global corporations. They have a deep understanding of adult learning, through extensive experience of facilitating coach training programmes and supervising experienced coaches.

Accreditation from the Association for Coaching

Successful completion of this programme leads to the prestigious Executive Coach Accreditation with the Association for Coaching – a respected global, not for profit professional body.

We include Association for Coaching Associate membership as part of your fee, This brings benefits such as learning events, bi-annual journal, access to support for supervision, co-coaching and on-line forums.

In addition to working closely throughout the year with one experienced coaching supervisor, participants will be introduced to a broad range of coaches on the programme. Our coaches have different areas of expertise within executive coaching and previous participants have especially said how helpful this broader exposure has been.

Alumni Community

The community is made up of internal and external coaches who have trained with ECC. We are proud of the depth and breadth of experience we have in our network. we provide our alumni with cost effective coaching supervision, professional development and net-working. We regularly run events on current coaching topics and trends and provide on-going support and contact with other professionals.

Research

The Executive Coaching Consultancy is actively involved in research into executive coaching and career development, ensuring that our knowledge is at the forefront within the industry and is continually developing.

Who should attend?

PCRPP is aimed at individuals who are taking up or extending their roles as coaches. Participants may be from organisations or working as independent consultants/coaches.

For successful entry onto the programme, ideal participants will have:

- A good understanding of what coaching is.
- Some experience of providing or receiving coaching.
- The opportunity to provide executive coaching within their own organisation/ network.

March/April **Pre-Programme**

April/May **Programme Launch**

May/June

- **Workshop 1: Foundation**
 - Coaching relationships
 - Frameworks and Models
 - Reflective practice
 - Coaching skills and toolkit
- +
- Min of 2 hours 1:1 with Supervisor**
- +
- 10 hours Coaching Practice**
- +
- Group Supervision Workshop**

July/August

- **Workshop 2: Styles & Models**
 - Using 360-degree feedback, & action planning
 - Live coaching assessment
 - Overview of some of the key coaching theoretical models
- +
- 10 Hours Coaching Practice & > 2 Hours 1:1 Supervision**
- +
- Group Supervision Workshop**

Programme Cost

The programme cost is £7900 + VAT if funded by the individuals organisation. For an individual self-funding the course it is £6900 + VAT.

Sept/Oct

- **Workshop 3: Momentum for Change**
 - Presentations of researched models, influences on own coach approach
 - Maintaining momentum and dealing with blocks
 - Dilemmas and tensions in coaching and models/ tools to help common coachee issue
 - Coaching practice - handling specific issues
- +
- 10 Hours Coaching Practice & >2 Hours Supervision**
- +
- Group Supervision Webinar**

Nov/Dec

- **Workshop 4: Professional Skills**
 - Handling endings and evaluations
 - Setting up your coaching practice
 - Latest influences and future of coaching
 - Portfolio for Accreditation
- +
- 10 Hours Coaching Practice, >2 Hours 1:1 Supervision**
- +
- AC Webinar on Portfolio for Accreditation**

Dec/Jan

- 10 Hours Coaching Practice, >2 Hours 1:1 Supervision**
- +
- ECC Q & A on Portfolio for Accreditation**
- +
- Portfolio Finalised**

Jan/Feb

- Portfolio completed and submitted to ECC Coaching Practice & 1:1 Supervision continue
- +
- Feedback from ECC included & portfolio submitted to AC**
- +
- Workshop 5: Final Review**



“As an Association for Coaching Accredited course it not only prepares you for Accreditation but is actually more rigorous, encouraging further skills development.

Independent Executive Coach”

Programme Content

The programme consists of 105 hours of guided learning time over 10 months including:

- Five workshops for skills practice and knowledge development, conveniently taking place as engaging and interactive video workshops
- 4 group supervision sessions to share group learning and maintain momentum
- A minimum of 12 hours of 1:1 coaching supervision
- Observed live coaching assessments
- Development of reflective learning, reviewing recordings of sessions
- Professional assessment of portfolio (with written work to demonstrate your knowledge and practical experience). We match the AC Accreditation portfolio and you will receive our evaluation ahead of submission to the AC. 100% of our participants who have applied for professional Accreditation with the AC have received it
- A minimum of 50 hours of business coaching as you put your skills into practice, under 1:1 ECC supervision.
- Accreditation support webinar, presented by the Association for Coaching.

PCRCP Coach Team

Examples of some of the faculty team. Other ECC Coaches join as guest presenters and coaching supervisors.



Kate Buller
Executive Coach and PCRCP
Facilitator and coaching supervisor
kate@executive-coaching.co.uk

- Founding partner of the Executive Coaching Consultancy and Accredited Master Coach with over 10,000 coaching hours experience as an executive coach.
- Lead on professional standards and ethics
- Clients include Allen & Overy, HSBC, Derwent London and Schroeders.



Debbie Moore
Executive Coach and PCRCP
Facilitator and coaching supervisor
debbie@executive-coaching.co.uk

- Executive Coach, team facilitator and specialises in leadership development.
- Member of the assessment team at the Association for Coaching.
- Clients include Deliveroo, UBS, Morgan Stanley and Deloitte.



Shalini Sequeira
Executive Coach and PCRCP
Facilitator and coaching supervisor
shalini@executive-coaching.co.uk

- Executive coach, ICF accredited coach.
- Shalini has 15 years' experience of coaching leaders, aspiring leaders and managers, both one to one and within group coaching programmes.
- Clients include HSBC, Morgan Stanley, Herbert Smith Freehills, J.P Morgan and UBS.



Lisa Middlemas
Executive Coach and PCRCP
Facilitator and coaching supervisor
lisa@executive-coaching.co.uk

- Executive Coach, Leadership and team development specialist.
- Expertise in many leadership and interpersonal diagnostic tools, a skilled team facilitator and NLP practitioner.
- Clients include Bank of America, Morgan Stanley and Telereal Trillium.



Claudia Filsinger
Executive Coach and PCRCP
Facilitator and coaching supervisor
claudia@executive-coaching.co.uk

- Executive coach, team coach and coaching supervisor
- Experience includes lecturing in coaching business and management at Oxford Brookes Business School.
- MA in Coaching and Mentoring Practice and a Professional Certificate in Advanced Study of Coaching Supervision.
- Member of and accredited by the Association for Coaching.



Aboodi Shabi
Executive Coach & Guest
speaker
aboodi@executive-coaching.co.uk

- Executive coach
- Certified Ontological Coach - Newfield Network.
- Currently on the faculty at Henley Business School, where he is Lecturer in Coaching and Behavioural Change.
- Clients include financial services, media, NGO's, property services and public bodies.



David Britten
Executive Coach and PCRCP
Facilitator and coaching supervisor
david@executive-coaching.co.uk

- BACP-registered, accredited counsellor/psychotherapist, and a member of BACP's Coaching Division.
- Holds a MA (with Distinction) in Coaching and Mentoring Practice and a Professional Certificate of Advanced Study in Coaching Supervision, both from Oxford Brookes University.



Professional Coach Recognition Programme

“I thoroughly enjoyed the PCRCP – it was practical, focused and worked well around my day job. The course tutors are highly experienced coaches and also great trainers. The workshops were varied and interactive and built upon the experiences of the study group. We formed a very supportive cohort who stay in touch as we continue on our coaching journeys.”

Head of Learning &
Development, CMS UK

“The programme works well for busy executives as it is phased over ten months allowing for time to apply learning in-between each session. The programme gave me real confidence in my coaching and a strong foundation to build on.”

CEO, Consultancy/training
business

About ECC

The Executive Coaching Consultancy was established in 1994 to provide one-to-one coaching for busy executives and was one of the first of its kind in the UK. Our current client list comprises a broad range of blue chip companies with a special emphasis on the retail, media, legal and financial services sectors.

If you are interested in discussing the Professional Coach Recognition Programme further, please contact us at: info@executive-coaching.co.uk or call 020 7795 6556.



The Executive Coaching Consultancy Ltd
www.executive-coaching.co.uk