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## Naheed Majid

### Executive Coach

Prior to commencing her coaching practice Naheed developed her coaching skills within the media and publishing industry in various HR roles leading HR projects and supporting organisational change programmes. She has worked both in-house and on an independent basis on a variety of change programmes achieving positive outcomes through adopting a coaching approach. This enabled her to work collaboratively with her clients and build effective relationships, as well as stimulate creative thinking and support her clients to develop successful project outcomes.

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#### Region

United Kingdom

#### Area of expertise

Working Parents

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## Coaching Style

Naheed enjoys working with her clients to gain a deeper understanding of how they see themselves and how they want to move forward. She gives them the space to explore options and the encouragement and support to confidently identify solutions and feel accountable for their actions. Clients appreciate her intuitive questioning and calm, supportive presence.

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## Special Interests

Having worked with culturally diverse clients for many years on all aspects of career and life changes Naheed particularly enjoys working with women on their career journeys, having developed a broad knowledge and deep interest in women's career development during her MSc research. The research explored aspects of

changing career identity for professional women during the family rearing stage of their lives, she puts the insights gained to good use in her coaching conversations!

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## **Qualifications**

Naheed has an MSc in Occupational Psychology, an ICF accredited Coaching Certificate and a Post Graduate Diploma in Personnel Management.

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## **Clients**

HSBC, Deutsche Bank, Gowling WLG and Mazars.

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1st flr. Peek House , 20 Eastcheap, London, EC3M 1EB · Tel: +44 (0)20 7795 6556 · Email: [info@executive-coaching.co.uk](mailto:info@executive-coaching.co.uk)