



Region

United Kingdom

Area of expertise

Kate Buller

Founding Director & Master Coach

With more than 25 years' experience as an executive coach, Kate is especially interested in talent development and retention. She has extensive experience of working with senior individuals as they prepare for and transition into, new roles. She helps them to gain clarity and focus, leveraging their strengths to achieve the right goals.

Kate takes a thoughtful approach to her coaching, curious about people, she helps them analyse experiences, to deepen insights and build self-awareness. She has built a strong reputation as an executive coach, where her clarity and her direct approach opens up intelligent debate; challenges assumptions and stimulates new ideas.

Coaching Style

Kate works with clients to support them in setting and achieving meaningful and motivating goals. She is solution-focused and future-oriented in her approach. Kate's work as an executive coach is characterised by pragmatism and challenge. Kate helps coachees to understand their unique strengths, their impact on others, how these strengths can be over or underplayed and how this information can be used in day to day business.

Clients like my clarity and directness and enjoy the intelligent debate and challenge to their thinking. I am an active, intuitive listener and enable clients to feel understood. This in turn enables them to shortcut to conclusions through a process of incisive challenge and feedback.

Special Interests

Kate is a Director of ECC where she works predominantly as an executive coach. Her interest in professionalising the coaching industry led her to establish ECC's Executive Coach Training Programme in 2004. This highly respected programme meets all the demands of the Accredited Coach standard, and was developed in recognition of the need for rigorous, practitioner-led, development and assessment for business coaches. As a coach committed to coaching supervision, she brings this experience and context to the Programme.

Background

Prior to joining ECC in 1995, Kate spent over 10 years in executive development working for a major Retailer. Designing and delivering talent development programmes at senior levels and creating tailored interventions for individual development. Kate brings all this experience to her work as an executive coach as well as building an enviable reputation as an outstanding coaching supervisor.

Training and Qualifications

Kate is a Master Accredited Coach with the Association for Coaching. Committed to professional development. Kate is an active role model and advocate for, regular coaching supervision. She also runs coaching Master Classes and regularly attends her professional development and coaching networks, so that her understanding of advances in coaching is kept sharp.

A Member of the Chartered Institute of Personnel and Development and a founder member of The Association for Coaching; she is on the Accreditation Assessment team at the AC, working with them to pursue the highest standards for the coaching profession.

In addition to her PG Diploma in Organisational Psychology, Kate has a Diploma in Business Coaching and was one of the first UK coaches to qualify as a coaching supervisor, with an Advanced PG Diploma in Coaching Supervision. Kate has BPS level A and B and is qualified to use many popular psychometrics, such as MBTI Step One and Two and 16PF.

Current Clients

Kate is currently working with a number of clients in the city, such as Deutsche Bank, Allen & Overy, JP Morgan, Bank of America Merrill Lynch. She also works in the property and retail sectors, including Arcadia,

Derwent London and Grosvenor Group.

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