



Hannah Bradshaw

Executive Coach

Having spent 10 years as a City lawyer, Hannah has transitioned into Executive Coaching and now specialises in Parental Coaching. Hannah has a background in employment law, particularly gender pay issues and sex discrimination.

Hannah is a mother of two and has extensive experience in Parental Coaching. She has worked with a wide range of clients, coaching both managers and parents, in order to facilitate a smooth return to work after the maternity transition.

Hannah has a special interest in mental health and in particular, the positive impact of coaching on maternal mental. Hannah is a qualified Mental Health First Aider.

Region

United Kingdom

Area of expertise

Working Parents

Women in the Workplace

Coaching Style

Hannah is a highly skilled Parental Coach who is able to build confidence, facilitate the development of action plans and enable thinking which will help others to identify and realise their goals.

Her coaching style is thought provoking and pragmatic. She believes in working at the client's pace, ready to explore issues with a balance of support and challenge. Her warm and engaging style is outcome-focused, encouraging individuals to achieve positive and sustainable change using a strengths-based approach.

Her clients would describe her as *pragmatic, engaging and supportive*.

Coaching Specialisms

- Parental Transitions
- Career Development
- Mental Health
- Coaching and Communication Skills

Training & Qualifications

- Successfully completed the Professional Coach Recognition Programme (PRCP). The PRCP is accredited by the Association of Coaching and is recognised by the Institute of Leadership and Management.
- Qualified Solicitor
- Accredited by the Association of Coaching
- Mental Health First Aider

Current Clients

- Allen & Overy
- Cazenove
- Deutsche Bank
- Gowling WLG
- Hogan Lovells
- HSBC
- Jupiter Asset Management
- KWM EU
- Millbank
- Macfarlanes
- Schroders
- Wellington